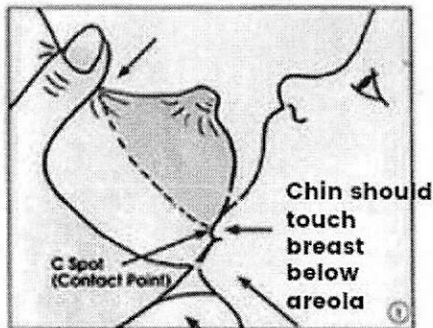
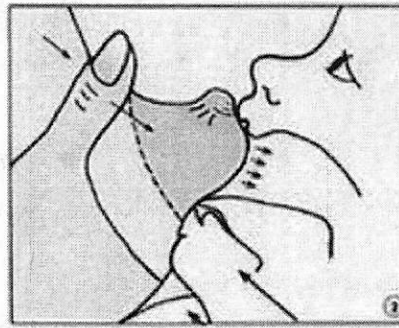


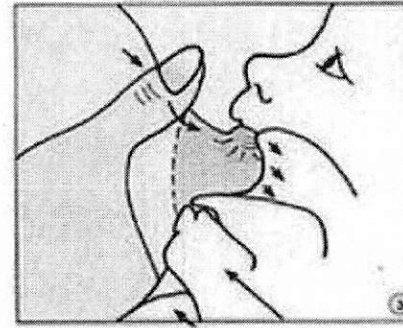
The Asymmetrical Latch



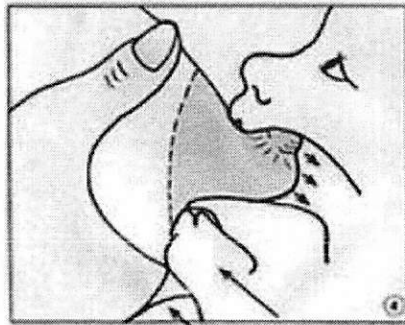
Hold breast to point nipple upwards



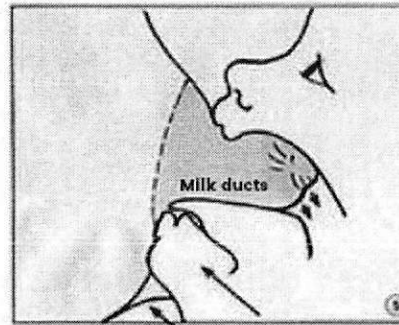
Put in bottom of areola first



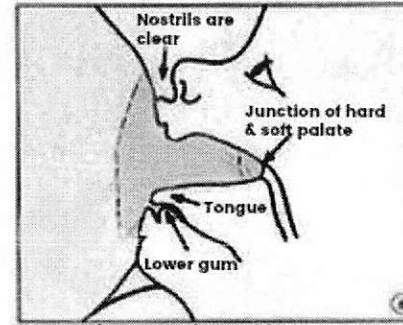
Nipple should roll under baby's top lip and roof of mouth on the way in



Tongue should cradle nipple and areola



The breast should completely fill baby's mouth



Pumping motion of jaw combined with airtight suction squeezes the milk out